



Using food as medicine to help improve lives

Getting the right nutrition is essential to achieving and maintaining good health. But it isn't always easy to access foods that align with specific needs and reflect individual tastes or know how to make them part of a healthier lifestyle. Together, with health care and community partners, Mom's Meals® is helping to empower people to live healthier lives through delicious, nutritious food, counseling and education, caring support and expertise.

We offer six condition-specific menus and a general wellness menu



Heart Friendly



Lower Sodium



Diabetes Friendly



General Wellness



Gluten Free



Pureed



Renal Friendly

Providing access to quality nutrition is an easy way to use food as medicine to support your most vulnerable clients and those with chronic conditions so they can maintain their independence and remain at home.

Is Mom's Meals right for your clients?
Do you have clients who have recently:

- Skipped a meal or eaten a snack instead of eating a full meal?
- Eaten the same meal several times per week?
- Needed to pay bills instead of buying food?
- Been too tired to prepare food?
- Started eating less due to problems chewing, swallowing or other reasons?
- Unexpectedly lost or gained weight?
- Been in the hospital or the emergency room several times within the last six months?
- Had a need for meal or grocery assistance?
- Been diagnosed or has medical issues such as increased blood sugars/elevated A1c?
- Had a long-lasting wound that affects their daily living?

As the nation's most comprehensive food as medicine solutions provider, we deliver evidence-based nutrition solutions that are easy to refer, reliably delivered and proven to support healthier, more independent lives. We help clients stay at home and avoid higher-cost of care. It's part of our commitment to helping you provide compassionate, cost-effective care and improved quality of life.



Our integrated nutrition solutions include:



Medically Tailored Meals



Nutrition Counseling and Education



Oral Nutrition Supplements



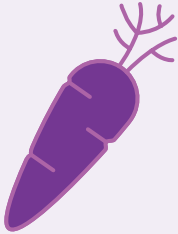
Produce and Pantry Boxes



Shelf-Stable, Kosher and Halal Meals

Mom's Meals is here to support you and those you serve.

Discover how our food as medicine solutions can help your most vulnerable clients remain independent in their homes and how our health-condition menus can support your clients living with nutrition-sensitive chronic health conditions.



Start a Client

Schedule an in-service or request additional information, contact us at **866.716.3257**. Send meal authorizations to intake@momsmeals.com.

* Survey results based on responses from 1,000+ active customers.