



Improving life through better nutrition at home

At Mom's Meals®, our nutritious meal programs are designed to meaningfully address social determinants of health and help your clients remain healthy and independent at home.

Our Difference



Refrigerated - Prepared in USDA-inspected kitchens, meals are packaged for convenient storage in the refrigerator for up to 14 days and are ready to heat, eat and enjoy in minutes.



Medically Tailored – Crafted by chefs and registered dietitians, our meals taste great and nutritionally support most common chronic conditions.



Choice of Every Meal, Every Delivery – Clients select their own meals from an array of options based on taste preferences and cultural needs.*



Delivery to Any Address - Our Mom's Meals' local drivers and third-party carriers team up so we can deliver to any address, no matter how remote.



Compassionate Customer Service – Live, bilingual help for clients and case managers; trained to recognize and report potential health and safety issues.

To Start a Client

Schedule an in-service or request additional information, contact us at **866.716.3257**. Send meal authorizations to **intake@momsmeals.com**.

*Initial deliveries will have a variety of meals based on dietary preferences.

Sample Menu

BREAKFAST

Breakfast Sandwich
with Fruit Cup

Cinnamon Apple Oatmeal
and Scrambled Eggs



LUNCH

Beef Stew
and Corn Bread

Pork Stir Fry Rice
and Spiced Fruit Medley



DINNER

Cheese Lasagna
and Spiced Fruit Crisp

Homestyle Meatloaf
with Potatoes and Seasoned Corn



I am always pleased with how quickly Mom's Meals can get my members started with meals.

– *Satisfied Case Manager*