



# Menu

## Puréed

**TO PLACE AN ORDER**  
or if you have comments  
or concerns, please call:

**1-866-204-6111**




M-F 7 AM to 6 PM CST

**ORDER DEADLINE:**










Tuesday at 5 PM CST for  
delivery the following week

Developed in accordance with guidelines from the International Dysphagia Diet  
Standardization Initiative (IDDSI) Framework.

**Carbs (g):** Approximate grams of carbohydrates are shown for the **tray only** and the full meal including milk

ITEM	Breakfast	CARBS (g)
952	Vanilla Pancakes with Maple Berry Sauce and Breakfast Turkey Patty 	81 93
956	Cheese Omelet with Brown Sugar Pork and Blueberry Applesauce 	56 68
957	French Toast with Scrambled Eggs and Sweet Pineapples 	66 78
975	Scrambled Eggs with Brown Sugar Pork and Apple Fritter	41 53

## Lunch and Dinner

950	Chicken Enchilada with Refried Beans and Cinnamon Apples and Vanilla Pudding 	66 101
951	Chicken Parmesan and Broccoli with Cheese and Vanilla Pudding	22 57
953	BBQ Pork Sandwich and Creamed Corn and Chocolate Pudding	46 81
954	Cheeseburger and BBQ Baked Beans and Vanilla Pudding	54 89
955	Roasted Chicken with Mashed Potatoes and Brown Sugar Glazed Carrots and Applesauce  	41 65
958	Pepperoni Supreme Pizza and Pineapple Upside Down Cake	67 79
959	Pork Roast with Sweet Potatoes and Green Beans and Chocolate Pudding 	33 67
960	Beef Pot Roast with Gravy, Mashed Potatoes and Peach Cobbler and Chocolate Pudding 	49 83
961	Chicken Pot Pie and Strawberry Shortcake, Applesauce and Chocolate Pudding 	50 84
963	Roast Turkey with Gravy, Stuffing, and Cranberry Applesauce and Chocolate Pudding 	69 103
971	Tuna Noodle Casserole and Chocolate Cake with Cherries, Applesauce and Vanilla Pudding	60 107
972	Meatloaf with Mashed Potatoes and Green Beans, Applesauce and Vanilla Pudding  	52 99

 Customer Favorite  Gluten Free

**REFRIGERATE MEALS UPON ARRIVAL.**

All Meals Include Milk.

**Please select the meals that are most appropriate for your dietary needs.**

**Menus are subject to change.**

As with any kitchen, there are times when availability of ingredients can fluctuate causing us to utilize alternative options with like nutritional.

