

DIABETES FACTS



1. In the U.S., more than 34 million people (14.3 million of them are over the age of 65) have diabetes, and 1 in 5 are unaware they have it.
2. 1.5 million Americans are diagnosed with diabetes every year.
3. Approximately 6.8 million people with diabetes are also food insecure.
4. More than 88 million US adults—over a third—have prediabetes, and more than 84% of them don't know they have it.
5. The number of adults with diabetes has almost doubled in the past 20 years due to the aging population and increasing obesity.
6. Nearly 98% of adults with type 2 diabetes have at least one comorbid chronic condition and almost 90% have at least two.
7. Diabetes is the 7th leading cause of death in the United States, killing approximately 85,000 people in 2018.
8. \$327 billion is spent on medical bills and lost wages annually for those with Diabetes.
9. Diabetes is the leading cause of chronic kidney disease, it accounts for 44% of newly diagnosed cases of kidney failure.
10. Diabetes can cause serious health complications, including nerve damage, heart disease, blindness, kidney failure, and potential amputation of the lower extremities.