



Menu

TO PLACE AN ORDER
or if you have comments
or concerns, please call:
1-866-204-6111



M-F 7 AM to 6 PM CST

ORDER DEADLINE:
Tuesday at 5 PM CST for
delivery the following week

Carbs (g): Approximate grams of carbohydrates are shown for the **tray only** and the full meal
♥ Heart-friendly: <800mg Sodium <30% Fat <10% Sat. Fat *** Lower Sodium:** <800mg sodium
V Vegetarian: Free from meat protein - may include dairy, eggs, beans, plant protein and nuts

ITEM	American Classics	CARBS (g)
* 023	Salisbury Steak with Mushroom Gravy, White Rice and Mixed Vegetables, Whole Wheat Bread and Margarine 	50 76
* 172	Homestyle Meatloaf with Potatoes and Seasoned Vegetables and Whole Wheat Bread 	50 75
V 258	Creamy Macaroni & Cheese and Seasoned Vegetables and Oatmeal Cream Pie 	42 81
*♥ 276	Chicken & Waffle and Peach Crisp and Syrup 	57 97

Soup or Sandwich






065	Cheeseburger and Seasoned Mixed Vegetables, Whole Wheat Bun and Orange 	15 75
* V 124	Corn Chowder and Peaches with Cherries and Fudge Round	59 94
* 278	Creamy Turkey & Rice Soup and Brown Sugar Peaches, and Oatmeal Cream Pie	44 83
*♥ 315	Meatball Marinara Sandwich and Sweet Pineapple & Apple Crisp and Whole Wheat Bun 	49 91
757	Chicken Tortilla Soup and Cinnamon Apples and Oatmeal Cream Pie	47 85

International Flavors

*♥V 257	Vegetable Primavera and Sweet Pineapple & Apples, Whole Wheat Bread and Peanut Butter	65 96
*♥V 272	Vegetarian Red Beans and Rice, Juice and Lemon Cookies	62 110
* 427	NEW Chicken Alfredo Pasta, Seasoned Peas and Carrots and Cookie	46 77
*♥ 745	Pork Stir Fry Rice and Spiced Fruit Medley and Fudge Round	72 107
*♥V 751	Mushroom Risotto and Seasoned Peas & Carrots and Fig Bar	52 96
763	Cajun Style Pasta with Chicken and Cinnamon Apple Crisp	82 94
768	Korean Style BBQ Meatballs with White Rice and Seasoned Broccoli and Cookie	55 86

 Customer Favorite

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ITEM	Breakfast Meals	CARBS (g)
*♥V 254	Cinnamon Apple Oatmeal and Scrambled Eggs, Orange Juice, Whole Wheat Bread and Margarine	53 93
277	Whole Grain Pancakes, Pork Sausage Patty and Cranberry-Apple Crisp and Syrup 	67 107
*♥ 418	NEW Cowboy Breakfast Skillet and Cranberry Apple Crisp and Fig Bar	53 97
* 420	NEW Sausage, Egg & Cheese Farmer's Breakfast with Spiced Fruit Medley 	64 77
*♥V 919	Buttermilk Pancakes, Egg Patty and Fruit Crisp and Syrup 	80 120
924	Breakfast Sandwich (Pork Sausage, Egg, Cheese) and Fruit Crisp and Whole Wheat English Muffin 	32 68
*♥ 962	Turkey Sausage, Egg and Cheese Stuffed Biscuit and Spiced Fruit Crisp and Orange Juice 	73 99

 Customer Favorite

 Available for a Limited Time

REFRIGERATE MEALS UPON ARRIVAL.

All Meals Include Milk.

Please select the meals that are most appropriate for your dietary needs.

Menus are subject to change.

As with any kitchen, there are times when availability of ingredients can fluctuate causing us to utilize alternative options with like nutritional.

