



Menu

Puréed

TO PLACE AN ORDER
or if you have comments
or concerns, please call:

1-866-204-6111

M-F 7 AM to 6 PM CST

ORDER DEADLINE:

Tuesday at 5 PM CST for
delivery the following week

Menu developed based on input from the National Dysphagia Diet: Standardization for Optimal Care.

Carbs (g): Approximate grams of carbohydrates are shown for the **tray only** and the full meal

ITEM	Breakfast	CARBS (g)
952	NEW Buttermilk Pancakes with Maple Berry Sauce and Breakfast Turkey Patty	97 109
956	Cheese Omelet with Brown Sugar Pork and Blueberry Applesauce	56 68
957	French Toast with Scrambled Eggs and Sweet Pineapples	66 78
975	Scrambled Eggs with Brown Sugar Pork and Apple Fritter	41 53

Lunch and Dinner

951	NEW Chicken Parmesan and Broccoli with Cheese and Chocolate Pudding	22 57
953	NEW BBQ Pork Sandwich and Creamed Corn, Raspberry Applesauce and Vanilla Pudding	53 107
954	Cheeseburger and BBQ Baked Beans and Vanilla Pudding	60 95
955	Roasted Chicken with Mashed Potatoes and Brown Sugar Glazed Carrots and Applesauce Cup	36 60
958	Pepperoni Supreme Pizza and Pineapple Upside Down Cake	69 81
959	Pork Roast with Sweet Potatoes and Green Beans and Blueberry Applesauce	35 67
960	Beef Pot Roast with Gravy, Mashed Potatoes and Peach Cobbler and Applesauce	54 78
961	Chicken Pot Pie and Strawberry Shortcake and Chocolate Pudding	50 84
963	Roast Turkey with Gravy, Stuffing, and Cranberry Applesauce and Chocolate Pudding	67 101
971	Tuna Melt with Carrots, Blueberry Applesauce and Chocolate Pudding	30 85
972	Meatloaf with Mashed Potatoes and Green Beans, Raspberry Applesauce and Vanilla Pudding	52 106

REFRIGERATE MEALS UPON ARRIVAL.

All Meals Include Milk.

Please select the meals that are most appropriate for your dietary needs.

Menus are subject to change.

As with any kitchen, there are times when availability of ingredients can fluctuate due to seasonal changes causing us to utilize alternative options with like nutritional.

